

# **Ardmore** BAPTIST CHURCH

## QuickBITS

Tuesday, March 17, 2020

[Ministries](#)

[Stories](#)

[Youth](#)

[Sermons](#)

[Calendar](#)

### Church Family:

We know that this is a very strange time. The Church Staff appreciates your patience and grace as we seek to navigate these completely uncharted waters. Now more than ever, please take some time to familiarize yourself with all of the varied ways of communication that we utilize. Please know the Pastoral Staff is working very hard to ensure that we can still feel a sense of community during this time. We love you and care for you, even at a distance!

I know that many of you are feeling anxious during this time. I want you to know that on Thursday evenings at 7:00 PM, I will be posting a series of interviews called "**A Word to the Wise.**" This Thursday, March 19, our interview will be with Mike Nuckolls. He, as many of you know, is formerly a member of our Pastoral Staff and is a practicing therapist. Mike will be guiding us on how we can handle our anxiety and fear during this time. This interview will take place on our Church Facebook page where you will also be able to ask Mike any questions you might have through Comments on the video. - **Tyler Tankersley**

### Worship Connection

**March 22**

Morning (10:45 AM)

Lent IV

Please join us on our Facebook page for worship at 10:45 AM on Sunday, March 22. Please note: You are not required to have a Facebook account to view worship. You can access our Facebook page by clicking here: [www.facebook.com/ArdmoreBaptistChurch](http://www.facebook.com/ArdmoreBaptistChurch)

*Unforced Rhythms of Grace*

*Matthew 11:25-30*

Tyler Tankersley

### Deacon of the Week

**March 16 - 22**

Charlie Bumgarner (336-608-7699)

### Minister on Call

**March 20 - 22**

Dane Martin (336-403-3221)

### Community Needs

Over the last few days the needs of our community have become known. All of our ministry partners have instituted new precautions to protect their people as well as volunteers and have asked first and foremost for our prayers. They ask us to join with them in praying for the sick, the hungry, the homeless, the lonely, those without transportation, those without childcare and facing hard decisions. As we navigate these days of social distancing we are challenged to continue loving our neighbor. As we become more aware of the immediate needs around us we will keep you up to date. Let us come together as the church to show those around us that they are not alone. Here is a list of ways you can consider helping:

1. **City Lights Ministry:** As they attempt to deliver food over the next week to get children and families through this social distancing period they are in need of: ramen noodles, cereal, pop tarts, easy mac or boxes of mac and cheese, and cans of chicken noodle soup, corn, beans, and spaghetti. Items can be delivered directly to the organization or dropped off in bins by front glass doors of Ardmore Baptist Church during office hours. Please know that this organization is able to deliver meals to children who might not benefit from the current plan of the Winston-Salem/Forsyth County Schools meal provision program.
2. **Samaritan Ministry:** They have switched to a to-go meal pick up instead of their dine in meal in their soup kitchen every day. This is a kitchen where all can come and eat without question. They are in need of: 16 ounce foam cups and lids, carry out trays, condiment packets (ketchup, mustard), disposable cutlery kits, individual bags of chips, and Lysol spray. Items can be delivered directly to them or dropped off in bins by front glass doors of Ardmore Baptist Church during office hours. They are also in need of volunteers. Many of their volunteers are in the age category that is considered "high risk" during this health crisis. Therefore they have volunteer openings in almost all categories. Here is the link to view potential opportunities: <https://www.samaritanforsyth.org/volunteerreg>
3. **City with Dwellings:** They are attempting to cut the number of homeless guests needing shelter by at least 50% by Tuesday, March 17. CWD needs help financially to rent hotel rooms for those who don't have anywhere else to go. Monetary donations can be made directly to them on their website or to Ardmore Baptist Church.

Monetary donations for any of the above listed needs can also be made via Ardmore Baptist Church Realm by clicking the Miscellaneous Fund and typing "City Lights," "Samaritan Ministry," or "City with Dwellings" in the memo line. This can also be done by check to Ardmore Baptist Church and writing one of the above ministries into the memo line.

If you have questions please email Amy Gallaher [agallaher@ardmorebaptist.org](mailto:agallaher@ardmorebaptist.org)

---

## Community Care

Do you or someone you know need assistance picking up groceries, medicines, or other supplies during this time? We want to help care for you! Please contact Amy Gallaher [agallaher@ardmorebaptist.org](mailto:agallaher@ardmorebaptist.org)

If you are able to help run errands for those who cannot or should not be out and about right now please contact Amy Gallaher [agallaher@ardmorebaptist.org](mailto:agallaher@ardmorebaptist.org)

---

## Congregational Care

As our physical separation continues to increase, we can stay connected. Here's how you can help take care of friends, neighbors, and our brothers and sisters at Ardmore Baptist:

1. **Practice physical distancing.** You may be strong, well, and healthy. Lots of people are not. Help keep others healthy by limiting your movements. If you are particularly vulnerable to illness, stay home. Please call the church offices if you need help picking up groceries, prescriptions, or other essentials.
2. **Stay in touch.** Call Sunday Bible Study members, friends, and neighbors to check on them. Even better – Video chat. If you're technologically inclined, use Facetime, Skype, Duo, and other apps and programs to call friends, family, and church members. Hearing *and* seeing always trumps only hearing.
3. **Reassure each other.** This will not undo us. Be wise in your actions but refuse to live in fear.
4. **Pray.** Pray for medical personnel, first responders, our local, state, and national leaders. Pray for those who are ill and those who are most vulnerable to illness. Know the staff is praying for you and for our church body.

In the coming days, we will be calling and checking on people in our congregation who may be the most vulnerable. If you would like to help, please contact Gina (336-725-8767) or [gbrock@ardmorebaptist.org](mailto:gbrock@ardmorebaptist.org).

---

## 5-Minute Bible Studies

Yesterday, our first 5-Minute Bible Study went live. Rev. Ralph Stocks, former CBF Field Personnel and Joy Class teacher, spoke on Philippians 4:6-7. These short studies are being posted Monday-Friday at 2:00 p.m. on Ardmore's Facebook ([facebook.com/ArdmoreBaptistChurch/](https://www.facebook.com/ArdmoreBaptistChurch/)) and Instagram ([instagram.com/ardmorebaptist/](https://www.instagram.com/ardmorebaptist/)) pages. You do not need a Facebook account to view the Bible Studies but you do need an Instagram account to view them on the Instagram site. These studies focus on comforting passages of scripture addressing fear and anxiety and are led by a church member or minister. We will be offering other spiritual formation opportunities in the coming days so we can stay connected.

---

## Share the Message of Hope

The message of the Gospel can bring Hope to many during these anxious times.

You can be a part of sharing that message by:

1. Check on your friends and family with a quick phone call of support.
2. Check on those in our congregation that may not have family close by and are feeling alone.
3. Donate to the organizations that are helping support those hurting in our community.
4. Join us on Facebook Live for Sunday Worship.
5. Support Ardmore Baptist Church through your giving [here](#).

---

### Follow Us!



### Weekly Ardmore QuickBits

Available on our [Website](#)

Home page under "What's Going On At Ardmore?"

Visit [ardmorebaptist.org](http://ardmorebaptist.org) for more information.

---